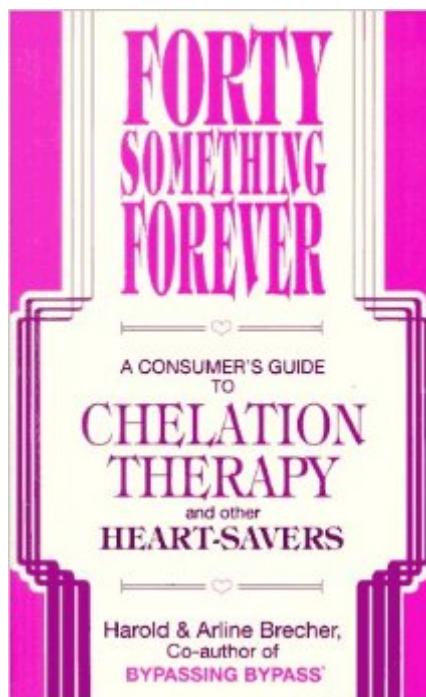


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# Forty Something Forever: A Consumer's Guide To Chelation Therapy And Other Heart Savers



## Synopsis

Forty Something Forever: A Consumer's Guide to Chelation Therapy and Other Heart Savers

## Book Information

Paperback: 377 pages

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Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (33 customer reviews)

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## Customer Reviews

"Forty Something Forever" by Harold & Arline Brecher, is, with the exception of its title, one of the best investigative reports and consumer guides ever written in the field of medicine. What is most impressive is the fact that all statements are backed up by substantial medical authorities and references, including names, addresses, and phone numbers of many doctors and organizations all across the USA. After reading the book I rejected the risk of a second bypass surgery and decided to try chelation therapy in the Big Island of Hawaii where I live. I chose the medical supervision of Doctor Clif Arrington, recommended by the book for this region and voted one of the island's two best doctors. Not only did my personal experience more than confirm all I had read in the book, but I was exposed to other patients, and, after hearing one astounding story after another, I undertook the task of interviewing several for the good doctor's website. ...I recommend that you get copies of this book to give to those suffering from any of the conditions best treated by chelation therapy. Aldo Vidali - Aldo@uneco.org

I believe this book saved my husband Jon's life. I found the book on Valentine's Day, 1997, while searching for a gift for Jon, who had been very ill. By the next day, I had consulted the ACAM site, [...] to do a search for a local doctor who would do chelation. A few days later, the doctor did a full-body Doppler test which showed that my husband had 80% blockage of his carotid arteries. (A second Doppler test done by a different doctor on a different machine a week later, gave the same

results.) Doc also took a hair sample. Lab analysis showed that Jon's hair (and therefore his body) was loaded with toxic metals, from a lifetime of working in a machine shop. He got chelated after checking out the safety of the alternatives (grim). Chelation was cheap, safe, and 7 weeks later, my husband's blockages were gone. He is hale and hearty today. Guess what, chelation will also work beautifully and quickly AFTER someone has had a stroke, too. I just wish the FDA would see the light and fast-track the huge chelation study that has been sitting on their desk gathering dust for many years now. While they dither, people die.

This was the first book I have ever read on Chelation Therapy and what it actually means. After being diagnosed with macular degeneration, an optometrist friend of mine gave me this book while we were on a cruise this summer. I had asked him if there was anything that I could do to help slow the progression of the disease. He also knew I was having some other artery problems. I became completely fascinated with the book. I read it from cover to cover. I was so interested in the results stated in the book that I started doing other research on the subject. I have now read several more books and consulted with several doctors. This book definitely should be read by anyone that is contemplating Chelation Therapy and wants to know if it is a valid procedure or worth looking into.

I read "Forty Something Forever" during the fall of 1996, and began Chelation Therapy that year with an M.D. referenced in the book. There is a vast amount of summary information available in this book, and it is a spring board to greater understanding of Chelation Therapy. I would recommend the book to anyone who is looking for an alternative to bypass surgery. I have had excellent results, and my life has changed since I began Chelation Therapy!

Reading this book shines light on Chelation Therapy and explains the procedure in easy to understand terms. Chelation works for me and my friends, who are experiencing reductions of plaque which allows better blood circulation. We believe Chelation is the wave of the future and a way of cleaning the body with super anti-oxidant called EDTA. I've bought 24 books and passed them out to family and friends. Four of us drive from Louisville to Nashville for Chelation treatments, a total of 360 miles a week. Thinking about opening a Wellness Center in this area soon.

I have read many articles etc. about chelation but this is, by far, the most informative and up to date. This book is a must for anyone who wants to be in the know about chelation and all of its benefits!

I'm a doctor who does chelation. I buy this book 40 copies at a time and hand them out to prospective patients. It covers all the conditions for which chelation has been found beneficial and gives a thorough introduction to this therapy. I think it's the best chelation book for the newcomer.

This is well written book on chelation therapy for people with circulation problems. It answered all my questions and gave me a bibliography of more sources of info and chelating doctors nationwide.

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